ANNEXE 1

Meals on Wheels in Surrey Boroughs

| Borough | Available to | Meal detail | Days and times | Location | Costs |
|------------------|---|---|--|---|--|
| Waverley | Residents of Waverley who may find it difficult or impossible to cook a meal. | Two course lunch with. Frozen meals provided for days when hot meals are not delivered and for weekends and Bank Holidays, at the request of the client. The meals provide a balanced diet, cater for special dietary requirements and vegetarians. | Available 5 days per week, with frozen meals for weekends. Clients can choose to have a tea pack as well. | Currently run by RVS from Brightwells Gostrey Centre, Farnham. NB. RVS also provides friendly social contact and services such as home library service | Two course lunch is £3.80 and a sandwich pack is £2.50 |
| Surrey Heath | Any resident of Surrey Heath Borough Council who may find it difficult to cook a meal or who may have difficulty remembering to eat each day. | Up to three courses (soup main meal and pudding) delivered to the door, cooked on 4 specially built vehicles. Meals are hot and ready to eat. Try to meet dietary requirements or where a diet is required for religious/ethnic reasons. | Meals are delivered at lunchtime, between the hours of 11.30 to 14.15. Meals can be delivered up to seven days a week. Offer a full 7 days a week 365 days a year service | Currently run from the council offices. The service will be twinned with Runnymede from September (currently 240 users) | Prices for the hot meals start at £3.75 for a 2 course lunch and £2.00 for sandwiches. |
| Epsom & Ewell | The Meals on Wheels service is a referred service for vulnerable residents of the Borough who are unable to cater for themselves. They may be living alone, | Nutritious meals and puddings and there is also a sandwich service available for those who need an extra snack at tea time. | Volunteers deliver a hot or frozen meal between the hours of 11am and 2pm Mondays to Fridays. Frozen meals can be | Longmead Depot, Epsom | £2.95 main meal, £1.05 dessert and £2.25 sandwich delivery |

| | housebound, at risk of malnutrition, not motivated to cook, unaware of time or confused or living with an elderly carer. This may be on a short or long term basis. | | provided at the weekend. | | Payment must be made in advance |
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| Guildford | For people unable to cook for themselves because of age or disability. The aim of the services is to encourage people to remain independent and able to remain in their own home. | Two course meals are cooked and delivered in purpose built vehicles so they are hot and ready to eat | Meals are delivered between 11.30 and 2pm. | Park Barn Centre, Guildford | Current cost per meal including dessert is £4.10 |
| Tandridge | Only able to accept referrals for meals on wheels. In exceptional circumstances referrals from family will be considered. Clients must meet strict criteria. | A full five-day hot meals service is available and frozen meals are available for weekends and Bank Holidays. | Depending on where the client lives, they will either receive a hot meal packed at the Douglas Brunton Centre and delivered or the mobile Apetito service. Meals are delivered at lunch times on weekdays. | Douglas Brunton Centre (community centre) in Caterham | £4.30 including dessert. For an extra £3.30 per day, a sandwich, cold drink, biscuit or cake can be delivered |
| Spelthorne | The person receiving the meal must live within the borough of Spelthorne. It is available to people of all ages who find it difficult to prepare a daily meal. | A hot meals consist of a main course and pudding. There is a varied menu which includes vegetarian options. Special diets can be catered for. | The meal will be delivered for up to seven days a week to the home between 11am, and 2pm. Meals can also be provided for short periods of time or on a long term basis. | Run from the council offices (service will be twinned with Runnymede from September) | Cost of the meal is £3.80 and a sandwich is an extra £1.80 |

| Woking | Community wheels is for those who are unable to shop, cook or heat a frozen meal and wish it to be delivered to the door | Hot lunch or a cold selection of sandwich, yoghurt, fruit and cake | Delivered to the door at lunch and tea time. | Brock Hill Sheltered Housing complex | £3.70 Mon-Fri and £4.20 weekends |
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| Elmbridge | The Community Support meals on wheels service is for people in both Elmbridge and Mole Valley. It is available for people who housebound, unable to shop, at risk of malnutrition, unaware of time or living with an elderly carer who needs assistance | Hot meals consist of a main course and pudding and include dietary requirements Elmbridge residents can also be referred at a preferential rate to the frozen meals service provided by Wiltshire Farm Foods, delivered fortnightly for £2.63 a day for meal and sweet. | Mole Valley service is available Monday to Friday. Breakfast (for the following day), lunch and supper can be delivered with the lunch time meal if required. | Elmbridge Offices | Main meal and pudding is £3.50 in Elmbridge and £4.40 in Mole Valley |
| Mole Valley | Elmbridge runs this service for Mole Valley – see above | - | - | - | - |
| Reigate & Banstead | Only available in Horley via Tandridge DC. | - | - | - | - |
| Runnymede | For those who are housebound and unable to cook. Referrals can come from GPs or social services, or the client, friend or relative can request it. | Two course meal – main and dessert. Dietary requirements are catered for. | Hot meals delivered 7 days a week. Can be for short periods of time or long term. Cooked on specialist vehicles and delivered between 11.30 and 2pm. Frozen meals are also available. | The Woodham and New Haw day centre | Mon - Friday is £4.20 and weekends the price is £4.50 |